



# Low power and miniaturized wearable medical device: prototype study

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Diabetes: insufficient production of poor absorption of insulin; Diabetes worldwide:

- 1.5 million deaths related;
- 1 in 10 individuals between 20 and 79 Years old; Diabetes in Brazil:
- 214000 deaths in 2021;
- Spending related to 42 billion dollars











CGM (Minimaly invasive)

- Costly;
- Sensor changings



- Finger prick
  - Pain;
- Costly;
- Infections

#### Wearable (Noninvasive)

- Convergence;
- No sensor changes;













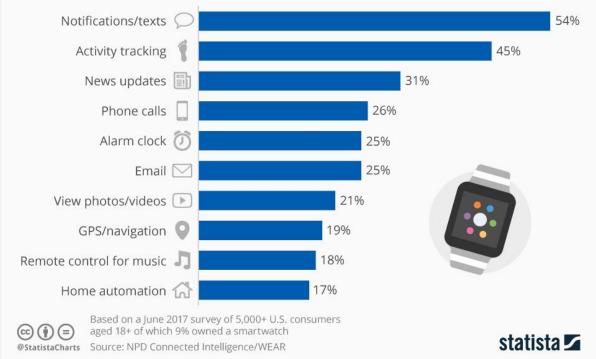


#### Research – wearables for medical

- Cardiovascular helth;
- Correlation activity x diseases

#### What Smartwatches Are Actually Used For

Percentage of smartwatch owners that use each function daily





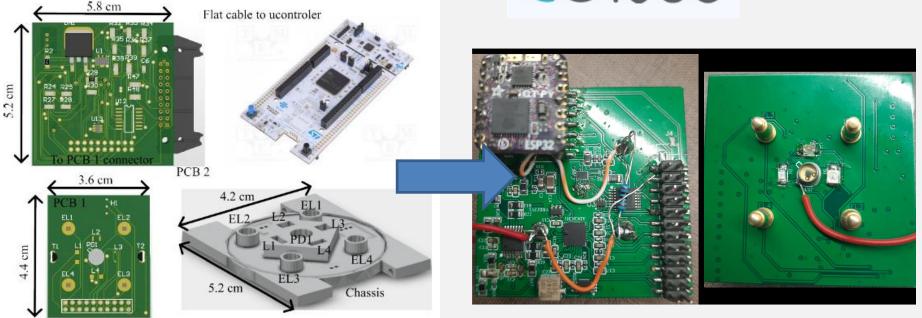








# Gluco



To PCB 2 connector

- High volume in two packages
- 9V Battery
- 5V simetric circuit power supply

- smaller volume in one package
- 3.3 V Battery
- 3.3 V simple circuit power supply



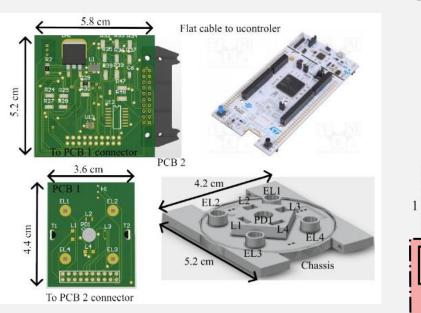


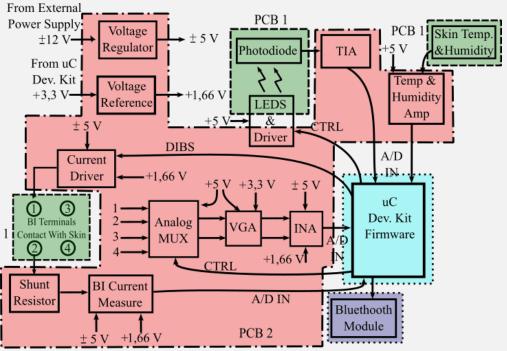






# Noninvasive Bioimpedance Glucometer: current prototype







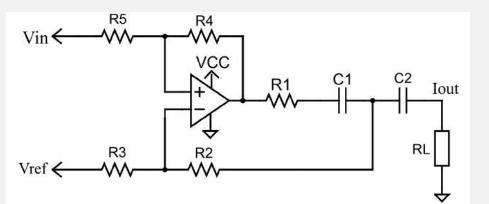








# Design of a Enhanced Howland Current Source for battery power supply



$$R4 = R5$$
 and  $R3 = R2 + R1$ 

$$Iout = \frac{Vin - Vref}{R1}$$

Specifications			
Power supply	+3.3 V (single)		
Output current	250 µAp		
DIBS Amplitude (High level)	+ 3.3 V		
Output Impedance	> 10 MΩ		



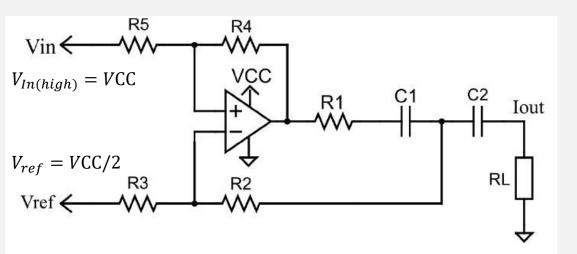






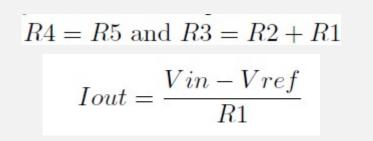


# Design of a Enhanced Howland Current Source for battery power supply



Component Value		
R1	6.6 kΩ	
R4 = R5	10 kΩ	
R2	100 Ω	
R3	6.7 kΩ	
C1 = C2	20µF	
Opamp	OPA2354	

OPA2354 Characteristics		
GBW	250 MHz	
SR	150 V/μs ge (min) 2.5 V (single)	
Supply voltage (min)		
Quiescent current	4.9 mA	





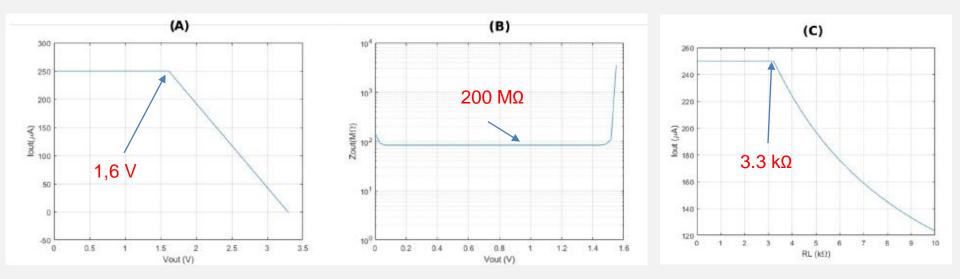








### **Results and Discussions**



TopologyIout		Iout	Monte Carlo Simulation	
	$(0 < T < 100^{\circ}C)$	(1.8 < VCC < 3.3 V)	Tolerance	lout
EHCS	250.118 to 250.121	249.97 to 250.12	1%	246 to 267 µA
		_	0.1%	249.7 to 250.5 µA



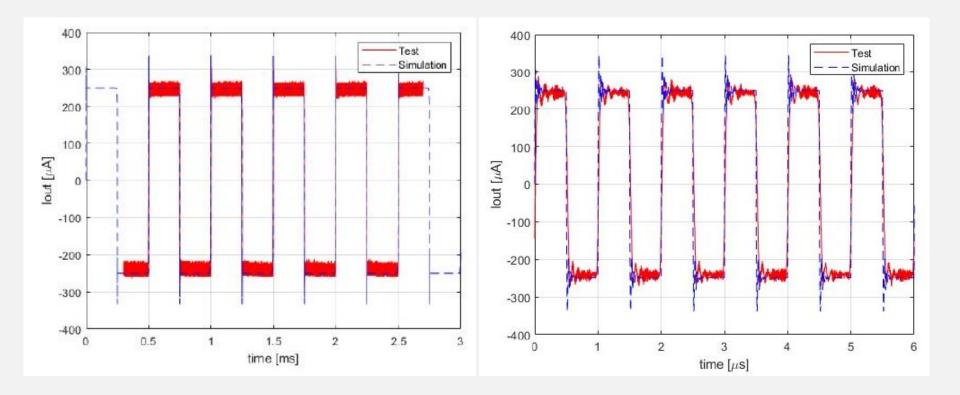








#### **Results and Discussions**













# **Final Considerations**

The project of a EHCS with low single power supply voltage is presented;

This and other contributions have resulted in a reduction in the volume of a system that is intended to be a wearable device in the future.

However, in order for this project to be scaled up to a comfortable wearable device with low battery consumption, it needs to be reduced to a microscopic scale. This will only be possible by developing an integrated circuit in CMOS technology. This work is in progress and can be verified in DOI: <u>10.2478/joeb-2024-0017</u>.

The device in which the presented current source operates is currently being tested and the results are presented in the EGluco project dashboard available in https://egluco.bio.br/.

Both simulation and bench results have shown that the current source is robust and accurate with respect to temperature and component variations, and that it is capable of efficiently processing rectangular signals up to 1 MHz, thus having the necessary characteristics to process DIBS-type signals up to this frequency.



#### Acknowledgements



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